

# Activity List and Planner

Whether you are new to Your Move or have been with us some time, choosing activities and planning your year is a great way to motivate your team and increase active travel in your school community.

## Explore activities

1. Explore the **Activity List** on the next page to find activities you might like to try
2. Use the **Activity Planner** to map out Your Move activities for the whole year!

## Display and plan ahead

1. Keep this handy Activity List and Planner on display at your school
2. Check in with it during Your Move student team meetings

## Boost your points

The points listed alongside each activity are the base points only. Use the story-boosting tips below to get more bonus points for each story you post!

1. **Link your stories** to the activities you've chosen
2. **Include photos or videos** of your activity or event (upload to YouTube first).
3. **Outline the steps** you took and **reflect on the lessons** you learned.



# 2024 Activity Planner

Term 1		Term 2	
Activities	Pts	Activities	Pts
1. _____	_____	1. _____	_____
2. _____	_____	2. _____	_____
3. _____	_____	3. _____	_____
Term 1 Points: _____		Term 2 Points: _____	
Term 3		Term 4	
Activities	Pts	Activities	Pts
1. _____	_____	1. _____	_____
2. _____	_____	2. _____	_____
3. _____	_____	3. _____	_____
Term 3 Points: _____		Term 4 Points: _____	
Total projected points for 2024: _____			

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# 2024 Activity List

For more information and support visit [yourmove.org.au](http://yourmove.org.au), call 6551 6040 or email [yourmove@transport.wa.gov.au](mailto:yourmove@transport.wa.gov.au)

Recommended

Communications and promotions		Events and ongoing campaigns		Get started, plan and run Your Move		Governance, policy and advocacy		Infrastructure, facilities or fleet		Lesson plans and class activities		Team building and training	
Activity	Pts	Activity	Pts	Activity	Pts	Activity	Pts	Activity	Pts	Activity	Pts	Activity	Pts
Write an article in your school newsletter	25	Dress up your bike day	20	Reflections on Your Move achievements	15	Apply for a new school crosswalk and attendant	80	Install a bike repair station	50	Class activity: Road safety with SDERA	60	Attend Your Move professional development	50
Create a school access guide	75	Run an active travel event at your school	40	Hold a strategic YM planning session	20	Embed Your Move into school policy or business plan	40	Install public bike parking	50	Class activity: School infrastructure audit	40	Bike education sessions	80
Conduct a parent survey	60	Run a regular active travel day	90	Write your first story about issues, plans and goals	12	Present Your Move at 'Lunch and learn' or P&C meeting	50	Upgrade bike parking or end of trip facilities	80	Constable Care, RAC or Transperth incursion	25	Bike maintenance workshop	50
Include Your Move as an assembly item	30	Run a 'Walking School Bus' this term	90			Suggest path improvements to Local Government	30			Lesson Plan: Map Safe Routes to School - Stencil painting activity	70	Start a student team and have your first meeting	60
Collect parent pledges	50	Inter-class competition	60	Complete a simple activity	15	Carpooling system for staff	50	Install wayfinding or bike safety signs	60	Class activity: Banner or poster design competition	30	Attend active travel focussed professional development	25
Create suggestions box to promote active or public transport	15	Presentation ceremony for accreditation milestone	15	Complete a welcome session with the Your Move team	30	Provide a 'green travel' allowance	80	Provide rain protection for meetings, events or activities	15	Constable Care Safety School excursion	50	Bike rescue project	25
Create a Your Move display in the library or school open day	20	Run a WA Bike Month event	40	Reflections on a Hands Up Survey	10					Create your own class activity or lesson plan	15	Handover to new Your Move champion	40
Create a 'sustainable travel' web page	30	Run a breakfast event	40							Lesson Plan: Active travel footprint	25	Hold regular student team planning sessions	10
Present Your Move to kindy parents	50	Run a 'Park and Walk' initiative	60							Lesson Plan: Active travel scavenger hunt	25	Host or attend a Your Move Schools network meeting	25
Promote active travel options to staff or students	15	Run an active travel rewards campaign	50							Lesson Plan: Class collage	25	Recognise and celebrate your volunteers annually	65
Promote bike facilities and bike security	22	Set up a discount with a local bike shop	15							Lesson Plan: CO2 experiment and the greenhouse effect	25	Student team presents about Your Move	40
Promote independent travel to Year 7 parents	25	Start a 'bike buddy' campaign	50							Lesson Plan: Congestion conundrum	25	Student team runs class activity with other students	40
Promote public transport options to staff or students	15	Start a bike club or bike user group	25							Lesson Plan: Create a Your Move infographic	25	Students attend external workshop	20
Promote Your Move on school website or parent handbook	30	Slow bike race and obstacle course event	30							<b>2024 Dates to remember</b>			
Run a colouring-in competition	22	Start a 'Park and Walk' initiative	60							<b>Start of Year Hands Up Surveys (Term 1)</b>	25	Lesson Plan: Independent active travel trip planning	25
Share a story about Your Move on social media	10	Start a regular active travel day	90							<b>National Ride2School Day 22 March (Term 1)</b>	25	Lesson Plan: Interview parents and grandparents	25
Story in local media about Your Move	20	Start a Walking School Bus	70							<b>Walk Safely to School Day 10 May (Term 2)</b>	25	Lesson Plan: Local transport, global impact	25
Thank a traffic warden with an award or gift	20	Student-led Year 7 transition workshop	50							<b>Thank a Traffic Warden Day 10 May (Term 2)</b>	25	Lesson Plan: Map my journey to school	25
										<b>Activity</b>	<b>Pts</b>	<b>World Bicycle Day 3 June (Term 2)</b>	25
										<b>Run an active travel event at your school</b>	<b>40</b>	<b>Winter Walk to School Week 12 August (Term 3)</b>	25
										<b>Activity</b>	<b>Pts</b>	<b>Park(ing) Day 13 September (Term 3)</b>	25
										Acquit a DoT grant	20	<b>Conduct a parent survey</b>	60
												<b>WA Bike Month (October) (Term 4)</b>	60
										Apply for a grant	20	<b>Bike education sessions</b>	80
												<b>End of Year Hands Up Surveys (Term 4)</b>	60

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**Our school goal this year:**