



Champion's Guide



Department of
Transport

**your
move**
more ways to get there

Welcome to Your Move Schools

Your Move Schools is a community-focused program that supports schools and students to use active and sustainable transport options to and from school more often. Your Move offers teaching resources, expert advice and access to funding and rewards to encourage the school community to use bikes, walking, public transport and scooters to get to school safely.

Benefits to your school community include:

Increased student autonomy, responsibility and resilience

An inclusive accreditation system that encourages whole-school engagement

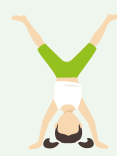
Professional Development opportunities for teachers



Curriculum-linked lesson plans teaching sustainability and how it relates to students own lives



Access to Your Move resources and Connecting Schools funding opportunities



Increased physical activity for students, leading to positive learning and health outcomes



Reduced car-based congestion at school peak times

Who can join?

Your Move Schools is a free program and is open to any school or educational facility for children in Western Australia. Our member schools range from K-12 and are located throughout the Perth metropolitan and WA regional areas.

Member schools are required to conduct a Hands Up Survey of students' travel behaviour at the start and end of every year.

Who to get involved?

What are the requirements?

Champion

The Champion's role is to:

- Be the Your Move contact for the school
- Create a team to help coordinate Your Move activities
- Advocate for active travel
- Coordinate stories to post on the Your Move website

School Team

Share the workload and the fun by creating a Your Move School Team to help plan and run events, write stories to report on your progress and earn points for completing activities. The team can include students, teachers, principals, deputies, parents, community members and local government officers. Make sure you invite one or two others to be listed on the website, so that they are able to access resources, track progress and share the load of writing stories.

School Community

Ultimately, the aim of Your Move Schools is to get more students riding their bikes, walking, scooting and using public transport to get to and from school. Check out our resources for a huge range of activities and events you can run at your school to get your students moving.

Your Move at Department of Transport

Your Move offers expert advice in travel behaviour change, with support including:

- One-on-one induction phone call and on-going support
- Regular eNews and updates and stories from the program
- A huge range of resources for running activities and supporting active travel available on the website
- Professional Development days and active travel forums with funding available for teacher relief
- Access to rewards including Connecting Schools bonus funding upon reaching Silver accreditation



How does it work?

Your Move Schools supports participants through our award winning Your Move website, to:



Every Your Move journey is different, depending on the goals of each school.

As the Your Move Champion, you can work with your team to decide what activities are a good fit for your school community and create a plan for the year.

Activities a school might undertake include:

- Classroom activities like mapping students' routes to school
- Creating a regular Walking School Bus
- Promoting weekly active travel days

As activities are completed and your team post stories about them on the Your Move website, you earn points which accumulate through the accreditation levels:

- Bronze (100-299 points)
- Silver (300-599 points)
- Gold (600-999 points),
- Platinum (1000-1499);and
- Double Platinum (1500+ points). Points can be redeemed for rewards which can be used to encourage further active travel to school.

Silver accreditation and above unlocks bonus Connecting Schools funding, which can be used for items such as bike education and scooter racks.

Where do I start?

Take some time to familiarise yourself with the Your Move website as it will play a key role in facilitating your successful Your Move journey. In particular make sure you:

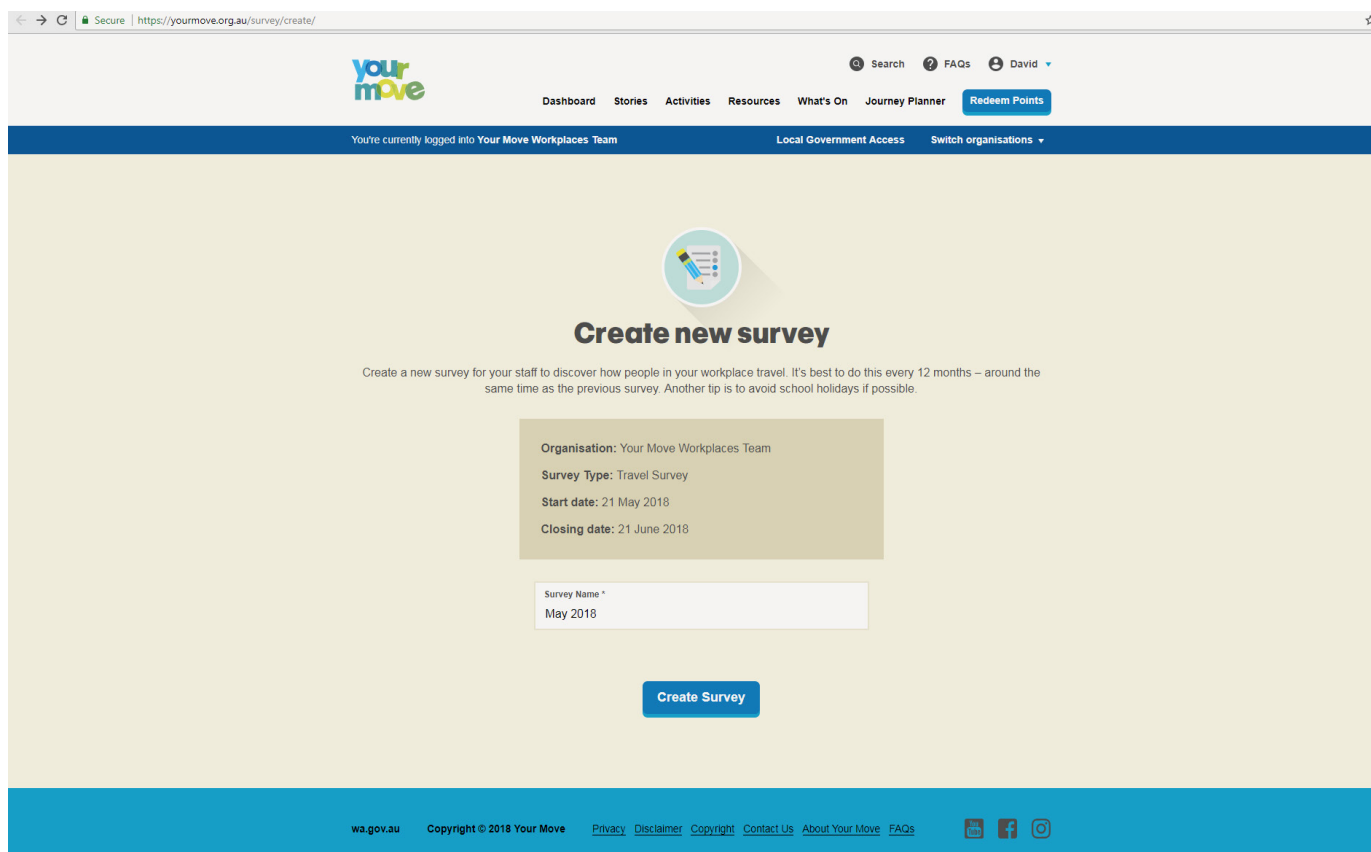
- Connect, share and see what others are doing by reading their stories. Write your first story, introducing yourself and your school. Write about why you have joined Your Move, what you hope to achieve and share a photo. You will immediately start earning points!
- Check out our goal setting resources. The activities page has a comprehensive list of activities that schools can implement.
- Make use of the resources page. Here you will find active travel factsheets guides written by our expert team that are sure to inspire you to get your school moving.
- Have a look through the Your Move shop. Shop items have been selected as rewards and encouragement for active travel. You'll notice how many points are required for each item. Keep this in mind when planning your goals for the year.

After signing up and being welcomed to the program by a Your Move team member, the next steps on the Your Move journey are:

Step 1

Discover how your school moves

Find out how students are currently getting to school with a five-minute class 'Hands Up' travel survey. The survey results provide a benchmark which enables you to track your progress and promote your achievements to the whole school community.



The screenshot shows the 'Create new survey' page on the Your Move website. The page has a light yellow background with a blue header and footer. The header includes the 'your move' logo, a search bar, and navigation links for Dashboard, Stories, Activities, Resources, What's On, Journey Planner, and Redeem Points. The main content area features a circular icon with a pencil and a checklist, followed by the heading 'Create new survey'. Below this, a text box explains the purpose of the survey: 'Create a new survey for your staff to discover how people in your workplace travel. It's best to do this every 12 months – around the same time as the previous survey. Another tip is to avoid school holidays if possible.' A form box contains the following details: Organisation: Your Move Workplaces Team, Survey Type: Travel Survey, Start date: 21 May 2018, and Closing date: 21 June 2018. Below the form box is a text input field for 'Survey Name *' with the value 'May 2018'. A blue 'Create Survey' button is positioned below the input field. The footer contains the website URL 'wa.gov.au', copyright information 'Copyright © 2018 Your Move', and links for Privacy, Disclaimer, Copyright, Contact Us, About Your Move, and FAQs. Social media icons for YouTube, Facebook, and Instagram are also present.

Hands Up surveys are the only requirement of the Your Move Schools program and must be done at the beginning and end of each year.

They help you earn points for your school, help track changes in student behaviour over time and can be done as often as you like, such as before and after an activity or event to see what effect it had on student travel behaviour.

Step 2

Grow your team

Share the fun by getting others in your school community involved. Students love the opportunity to run their own activities, post stories and earn points for their efforts. Having a mix of parents, teachers, a deputy and student leaders makes a winning combination.

Step 3

Choose activities

Build an active community and inspire new habits by selecting from one of our tried and tested activities or design your own! Our resources page has classroom lesson plans that align to the WA curriculum, event suggestions and fact sheets on a range of infrastructure and school policy improvements that can help get your school moving.

Step 4

Share stories

Sharing your stories is a core part of Your Move it – it inspires other schools in the Your Move community and most importantly earns you points to spend in the Your Move shop on rewards to keep your school moving.

Writing a story and linking it to an activity (you will be prompted to do so) will earn you points automatically. Activities are awarded points depending on their effort and impact.

To earn maximum points make sure you include:

- Lots of details of how you went about your event, competition, activity or initiative – this helps others learn from your experiences!
- Photos (and videos) that show what you did – this can be of planning sessions, competition entries and all the action on the day.
- Reflections on the lessons you learnt along the way - what did and didn't work.
- Observations of changes of travel culture. Eg. stories or results and data.
- Share anything you have created, such as action plans, lesson plans, art work or quiz questions
- Innovative activities that think outside the box will earn bonus points.

Share a story of an event you are planning and then post again once you have completed the event to let everyone know how it went, what you learnt and how you could do it better next time.

See [here](#) for detailed instructions of how to post online.




Step 5

Get rewards

Every time you complete an activity and post a story, your school will earn points to be redeemed in our online shop. We have a variety of rewards that will help motivate students to be more active:

← → ↻ Secure | https://yourmove.org.au/redeem-points/ ☆



Search

FAQs

David

Dashboard

Stories

Activities

Resources

What's On

Journey Planner

Redeem Points

You're currently logged into Your Move Workplaces Team

Local Government Access

Switch organisations


Redeem Points

View Cart (0)

Current Points Balance: 12

Showing


Sort by: Newest first



Stainless Steel Water Bottle

6 points


[View Details](#) [Add to cart](#)



Map Your Move to Work - Access Guide New

500 points


[View Details](#) [Add to cart](#)



Map Your Move to Work- Access Guide Update

330 points


[View Details](#) [Add to cart](#)



Rusty Riders Lunch and Learn: People on Bicycles

220 points


[View Details](#) [Add to cart](#)



Scooter Rack Lockable

500 points

[View Details](#) [Add to cart](#)



Bike Education - People on Bicycles




650 points


[View Details](#) [Add to cart](#)

1 2 3 4 5 →

Please Note: All order requests are subject to availability. We aim to deliver your items as quickly as possible, but there is a 5-10 day processing period for metropolitan based order requests.

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With your school team plan how you will earn your points by deciding what activities you want to complete over the year, as well as how you will redeem them. Do you want to aim small and use your points sooner for rewards such as stickers and drink bottles to use for prizes, or do you plan to accumulate enough points to redeem them for bike education or new bike and scooter storage?

You can view how many points you have accumulated on the dashboard page of the Your Move website. Points reset at the end of each calendar year, so make sure you have used up your points (we'll send you a reminder!).

The screenshot shows the 'your move' website dashboard for a school team. The header includes the logo, navigation links (Dashboard, Stories, Activities, Resources, What's On, Journey Planner, Redeem Points), and user information (Search, FAQs, David). A blue banner at the top states 'You're currently logged into Your Move Schools Team' and 'Local Government Access Switch organisations'. The main content area features a large image of students with the text 'Good afternoon David' and a link to 'Edit your school's profile here'. A blue box titled 'What's your move today?' lists activities: 'Hands up survey', 'Promote active travel (1)', and 'Run a simple activity', with a 'View all activities' button. Below this, the 'How your school is tracking' section displays a bar chart showing points for the best month (54), last month (0), and this month (24), along with a 'BRONZE' badge, a clipboard icon indicating '6 Hands Up surveys submitted' with a 'View reports' button, and a '104' current points balance with a 'Redeem points' button. The 'Manage stories' section includes a 'Manage stories' button and a list of the latest stories, resources, and events from schools. A featured story by Kylie (Your Move) Murphy from White Gum Valley Primary School is titled 'Dressing up Walk2School Day' and includes a photo of a student. A 'Tell your story' box encourages sharing experiences to earn points, with a 'Write story' button. A 'How the school program works' section with a 'Getting started' button and an 'Invite other people' section are also visible.

Step 6

Keep going!

Use your rewards to build momentum and implement further activities at your school. Build through the levels; start with activities that create easy wins and require minimal resources and time. This will get the school and students understanding and excited about Your Move.

Example Your Move journey

Successful Your Move journeys are all different, and depend on the resources available at the school as well as the particular interests and goals of that school community. The following is an example of a journey a school might take over a year to reach Silver Accreditation, the level required for access to additional Connecting Schools funding.

Activity	Points	Story topics	Bonus points
Start of Year Hands Up Survey	50	Results of survey, photo of kids arriving at school on foot	7
National Ride2School Day	40	Description of activities, 3 photos of kids arriving on bikes	23
Weekly Active Travel Days (year round)	360	1 story about Fume Free Fridays with 3 photos in each term	52
End of Year Hands Up Survey	50	Celebrating results of survey, picture of overflowing bike racks, reflection on what worked	17
Total Points	599		

Build points throughout the year to redeem them for rewards that will encourage your students to keep up their active travel to school. Here's an example of what the 599 points in the above example could be spent on to help keep your school moving:

Item	Points required
Temporary tattoos (96 pack)	15
4 x front and back bike light pack	180
2 x \$50 voucher for The Bicycle Entrepreneur	100
10 x \$5 voucher for The Coffee Club	50
I love cycling stickers (250 pack)	20
I love walking stickers (250 pack)	20
4 x bike bell	88
Apple slinky machine	22
20 x shoe pets	100
2 x reflective slap band	4
Total points	599

Silver Accreditation unlocks access to Connecting Schools grants, which can be used for big ticket items like bike racks and bike education sessions. This funding is in addition to the points available for redemption through the Your Move site.

Some activities to inspire Your Move

There are many ways to be involved in the Your Move Schools program. Activities you might like to undertake with students to get them moving include:

- Start and End of Year Hands Up Surveys to measure your progress with Your Move.
- Placing stencil art on with paint or chalk on paths around your school as reminders that your school is an easy walking and riding distance from home. This activity can also be used to mark official 'Safe Routes to School'.
- Helping students to create a personal map of their journey to school.
- Run a regular Active Travel Day like "Fume Free Fridays".
- Get the class walking with a Walk Around Australia classroom activity.
- Conducting a School Infrastructure Audit so you know what resources you already have to support active travel and what could be improved.
- Invite Transperth for an incursion to teach students about catching public transport.

These, ideas and more, are covered in detail on our Resources page.

Contact Us

If you're stuck for ideas or need more information about Your Move Schools head to yourmove.org.au or get in touch with our active travel experts:

Email: yourmove@transport.wa.gov.au

Phone: 08 6551 6144

Address: 140 William Street, Perth WA 6000



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