

PARK-ING DAY

WHEN

**Thursday 20 September 2018
9am- 12pm**

WHERE

**334 Rokeby Rd car park!
(Off Heytesbury Rd)**

**NO cars allowed! Turn your car park into an
active space for the day.**

FREE! PRIZES! FUN!



WHAT'S ON?

Activities from 09.00

- Herbilicious! (grow your own herb)•
- One Heart one art activity•
- chill out zone•
- games area•
- outdoor meetings•

09.30-10.00 gym circuit

10.15

**Give it some welly
(throwing competition!)**

10.30

**Make your own take away
lunch (BYO container/jar)**

11.30

**Walk with Russ
(lasts about 1/2 hr)**