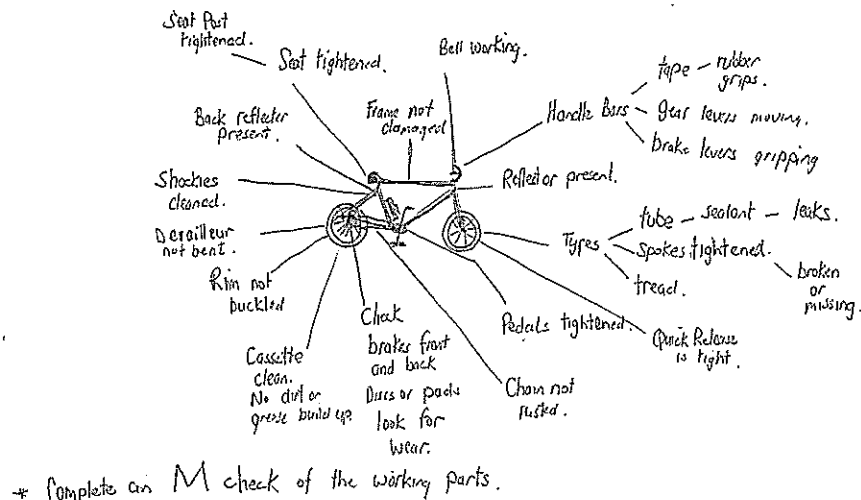


BIKE GIFTING.

After a recent series of lessons in Health on applying thinking skills to the topic of bikes a group of Year 5 boys developed an expansion chart on what to consider when you are gifted a bike; whether it be a mountain, downhill, racing, hybrid or BMX bike.

'I LIKE THE COLOUR AND THE STYLE BUT WHAT SORT OF CHECKLIST DO I NEED TO FOLLOW BEFORE I RIDE MY NEW MACHINE?'

CHECKLIST.



WITH MY CHECK COMPLETED HERE IS A LIST OF THINGS I NEED TO KEEP IN MY KIT.

THE ID NUMBER OF THE BIKE IF IT IS IMPRINTED ON THE BIKE SOME WHERE.

SPARE TUBE.

REPAIR KIT.

PUMP.

TYRE LEVERS.

TOOLS FOR TIGHTENING BOLTS.

ALLEN KEYS.

CHAIN TOOL.

TAPE FOR EMERGENCIES.

I THINK IT IS A GOOD IDEA TO HAVE THE BIKE SHOP REGULARLY CHECK THE BIKE ALSO. HERE IS LIST OF PRIORITIES FOR THE FIRST VISIT TO THE BIKE SHOP AFTER COMPLETING MY CHECKLIST AND RIDING AROUND FOR A BIT.

CHECK ALL CABLES INCLUDING BRAKES AND GEARS.

CHECK AT THE SAME TIME THE CONDITION OF THE FRAME, PEDALS, CRANKS AND HANDLE BARS.

TIGHTEN UP ALL BOLTS AND PARTS THAT MAY WEAR.

HAVE THE SHOP ADJUST THE BIKE FOR THE SHAPE OF MY BODY.

OIL AND GREASE MOVING PARTS.