**YourMove Meeting – Thursday 25 March 2021**

**Meeting Attendees:**

* Year 4/5/6 Students at Pine View Primary School
* Mr Outred (class teacher)

**Meeting Minutes:**

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| Ride2School Day | On Friday 19th March 2021, students at Pine View were encouraged to ride their bikes or scooters to school for Ride2School Day. Lots of students already ride to school, but it was exciting to see some new faces riding bikes and scooters. We had a 94% increase in the number of students who rode to school on this special occasion. Across the whole school we had 42% of students ride a bike or scooter to school. After such a successful Ride2School Day, we hope that students know the value of riding to school and will keep it up throughout the year. |
| Active Opportunities at School | * Year 4/5/6s setting up games for younger students to play
* Make posters to promote active play and healthy choices
* Before and after school sport opportunities at Pine View, for example Runner’s Club
* Sport sessions where older students help younger students to participate
* Creating games to help teach younger students about being active
* Daily morning fitness sessions
* Year 4/5/6 students could create obstacle courses or fitness activities to run with classmates and with younger students
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| YourMove Ambassadors | * Raising awareness about being active
* Giving talks to other classes
* Jog2School day?
* Jump Rope For Heart
* Whole School Sport Session
* Notices in the school newsletter to promote being active and giving activity tips
* Having an activity passport to keep track of how active we’re being
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| Walk2School Day | * Students to design posters to display around the school promoting Walk2School Day
* Write an advert for the school newsletter promoting the day
* Students doing PA announcements to remind students about Walk2School Day
* Free fruit given to all students who participate
* Breakfast for everyone who walks to school
* Students run fruit stalls
* Students handing out stickers to people who have walked to school
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