Our school is a member of the [Your Move Schools](https://www.yourmove.org.au/schools/) program.

Your Move encourages students and their families to get active by walking, scooting and riding to school.

Making a small behavioural change by actively travelling to and from school a few times a week can result in huge benefits for your child and the community. These include:

* Reduced congestion, travel times and parking problems around schools;
* Reduced carbon dioxide emissions around the school;
* Lifelong improved health and emotional wellbeing due to instilling positive physical activity habits at a young age;
* Improved concentration and academic performance;
* More sustainable and cost-effective transport outcomes, such as reducing the need for investment in parking that may only be utilised for a short period each day, and reduced road infrastructure maintenance costs.

A benefit of being a Your Move School is being able to apply for Connecting Schools Grants. This funding can be used for active transport facilities such as new bike and scooter racks, access to bicycle education and other activities for the school. We earn Your Move points by [posting stories](https://www.yourmove.org.au/stories/) and photos of our active transport adventures on the website - the more stories we post, the more points we earn and the higher the amount of grant funding we could receive! Programs like Your Move always work best if there’s some parent volunteers willing to help, so if you’re interested in being part of our school’s Your Move program, check out this short introductory [video](https://www.youtube.com/watch?v=VE0cc922kVg) and then get in touch with our Your Move Champion Mrs Scheepens.

We sincerely appreciate your support of our involvement in Your Move and we hope you will consider walking, riding, scooting and public transport to get to and from school.

Riding a bike to school with family members or friends is a fun, interesting and environmentally friendly way to travel to school. It’s also a fantastic way to incorporate exercise into your daily routine and means you will arrive at school alert and ready to learn.

As part of our involvement in the [Your Move Schools](https://www.yourmove.org.au/schools/) program, we encourage all students and families to consider riding to school, even if it’s just once a week.

But first, it’s important to know how to give your bike a quick safety check. Learn how by watching this [ABC Bike Check video](https://www.transport.wa.gov.au/activetransport/bicycle-rules-standards-and-safety.asp) and checking out these great resources on [staying safe on your bike](https://www.yourmove.org.au/resources/stay-safe-on-your-bike/).

We also strongly encourage you to stay safe on your ride by:

* Always wearing a helmet;
* Sticking to bike paths whenever possible;
* Crossing roads where there are traffic wardens or traffic lights and remembering to Stop, Look, Listen and Think before crossing;
* Having an adult accompany children aged 10 years and under; and
* Knowing the road rules and looking out for cars, people walking and other bike riders.